

1083 Budapest, Szigony u. 37. | tel./fax: 303 6574 | info@btabp.hu | www.btabp.hu



"We are the bad guys the good children are defended from, the deviants, narcomaniacs, hobos, the results – or rather, failures - of 20-30 years' experience. We have many things to say, we have messages, we have our ideology, tragic or happy fate – but we have only a few occasions to share all these with other human beings. We

would like to create a forum to send messages for ourselves, for you and for those unhearable voices, restrained death-screams, which belong to mortals. We would like to be interpreters translating those voices which sounds as damnings without our help. We consider as important the feelings and ideas based on feelings, because we do not want to raise the difference between the 'normal' and 'unnormal'.

We, when two totally different human beings, groups or cultures agree even in a very small question, they can reunite, cooperate, and respect each other. And that's what we wish: attention, care and love; we would like to show: we are not different at all, even we are the bad guys the good children are defended against."

Do you have problems with alcohol or drugs? Do you want to learn? Are you bored? Do you look for company? Do you want to take part in the work of one of our groups? Are you interested in our drug-pervention meetings, in the presentations of Megálló Theatre or the works born in or Creative Workshop? Are you interested in the groups working at Megálló House? Do you want to help yourself or others? Call us! +36-1/303 6574

## YOU'LL FIND A PLACE IN OUR CIRCLE!



At the Megálló Group we offer activity, work, human relations, friendship for the hanging about, deviant, lonely, alcohol- and drug-addicts or fighting with other kind of abuse young people and for those, who are to get in touch with them, who are to share their company. Our programs are operated for them and by them. We work with the victims of stigmatization; with such young people who are designated as strange or deviant because of their diversity or disease, who dropped out from their families, from their natural communities; who are losers in the game called life. We believe in the supportive power of the community in strengthening the striving for any positive change. We focus our interest on those who ask help from Megálló, but we do not want to change their life neither without nor instead of them. With the optimism of the active man we fight against the exhaustion and solitude. We want to rehabilitate the honor of abstinence and the love of life; we are looking for perspectives as open, active human beings, not as professionals.

The determining function of the Megálló House that it *exists*. Our **DROP-IN CENTER** is open on weekdays from 9 a.m. till 9 p.m. Everybody can drop in, both for a small info and with a bigger problem – we try to help. There are only a very few places in Hungary, where an addict can enter without any specified reason, and also: where addicts aren't faced with any expectations in the first moments.

The basis of our DAYTIME REHABILITATION

**PROGRAM** was elaborated according to our experiences gained at inpatient rehabilitation institutes. Its most important elements listed below: the regular work of great variety, the



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group therapy and community activities, the intensive time scheduling, the continuous feedback to one another, the real responsibility, the creative work, the cooperation, the support and charge the fellows, the elimination the self-interest and in general the egoism.

The **GROUPS** working at Megálló House determines its life. The self-help groups are based on conversations, but we have so called creative self-help groups as well: in these we reach ourselves and the others through creative processes.

The **Abstinence Keeping Group** is formed and operated by recovered addicts. Its aim and main task is to tide the alcohol and drug addicts over the everyday's crises by supporting one another, by changing their experiences, by sharing their problems and joys.

The *Megálló Theatre* is to fade the borders between life and art, to create a piece of reality instead of imitating it; in this reality we can act without interest and discretion. We try to eliminate the rigidity and hypocorism, the growing stereotypes in our relationships.

The *Creative Workshop* is such a meeting of practicing some fine arts, where instead of talent and endless repetition the creative energies and ideas play the main role; the focus is on the common work.





During the *Music* 

**Therapy** sessions the common singing and music-making provides opportunity for matching the spontaneous creation with the disciplined team-work. The orchestra answers the theme thoughts, the experiences of past and present, the visions come into sight.

**The HALF-WAY PROGRAM** supports and the follows up way of those who have finished the rehabilitation. It is a real *aftercare*, which includes the support of complete abstinence and re-integration, the help in finding home and work, and the reasonable programs of the leisure time.

Having recognized the authentic helping power in those who have been recovered and the fact, that by taking care of their fellows they could strengthen their own abstinence, we organized our **PROGRAM OF EMPLOYMENT**; beside their own recovery, they support our clients as living examples.

Our special **DRUG PREVENTION PROGRAM** means conversations with secondary school students, teachers, university students, professional and laic people wishing to help both in Hungary and abroad. Since the number of recovered addicts is smaller than that of those, who are not able to get rid of the addiction, we think it very important to talk about our life. Our faith in the community, our solidarity and our collaboration abided all tests of any unfamiliar situation. We provide HIV/AIDS prevention courses too.

Also our **EDUCATION PROGRAM** can help young addicts to keep abstinence. Learning forms and strengthens the self-valuation and self-confidence. The final certification gives more chances in the field of work or university studies, that is, it gives real perspective, real aims.





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If you donate the work of Megálló Group, you you support young people that are being about lost by life. Thank you - also on behalf of them! Bank account:: CIB 10700385-42246109-51100005