



STUDIO 27 – “Focused on Soul” - Fokus Praha

- Team of 4 journalists who have personal experience with mental health problems
- Idea to create Studio 27 came from the team members themselves leading to great level of motivation and project ownership among the team
- It's creation was financially supported by Norway grants in 2015. Currently it functions without any external financial support under the NGO Fokus Praha that supports recovery of people experiencing mental health problems



WHAT DO WE WANT?

- To create space for dialogue around topics of mental health and raise awareness around mental health issues among general Czech public
- To pursue independent and quality journalism
- To fight against stigma and discrimination experienced by people with mental health problems
- To empower people experiencing mental health problems and provide them with voice to defend their rights
- To play active role within Czech civil society and unite various minority groups in order to perform common actions
- To contribute to the reform of psychiatric care in the Czech Republic



WHAT DO WE DO

- We organize and film public debates (not only) on the topic of mental health where we invite inspiring speakers from various sectors of public life
- We actively present the topic of mental health to Czech media, we tell our personal stories, explain and educate
- We provide opportunity to speak out to people experiencing mental health problems
- We map what is happening within the sphere of mental health, film various public events and interviews with inspiring people and publish them on our youtube channel
- We cooperate with other civil society organizations as well as public health institutions
- We form an important part of growing peer movement in the Czech Republic
- We take active part at lectures, workshops, conferences and other events, through our debates we manage to bring the topic of mental health to the public spaces of Prague's cafés and libraries
- We support Fokus Praha in its' PR activities



WHAT DID WE MANAGE?

- Our very first debate with well-known Czech philosopher Miroslav Petříček in Prague's café Liberal was attended by more than 150 people
- The recording of the debate with Pjér la Šéz has been seen by more than 30 000 people since its' publication in May 2016
- Public guests of our debates often offer us further support as an expression of tribute to our activities
- We successfully implemented a project funded by Norway grants in 2015-16. The donor representative Mr. Andrej Grijbovski called our project "a success story" during his visit to Prague.
- We managed to address youtube and Facebook users, our videos are well known among people with own experience with mental health problems as well as among expert public
- We have organized 15 public debates on the topic of mental health. Besides this we pursue other creative activities filming interesting public events
- During our annual debate we were praised by the consultant of Czech National Disability Council Mrs. Martina Příbylová

RELATED LINKS:

Blog of Studio 27: <https://studio27zaostreno.blogspot.cz/>

Youtube channel of Studio 27: <https://www.youtube.com/studio27zaostrenonadusi>

Facebook of Studio 27: <https://www.facebook.com/studio27zaostreno>

Example of debate: <https://www.youtube.com/watch?v=tRT8B4eJYCE>

Example of reportage: <https://www.youtube.com/watch?v=N2X5ZVrMT0M>

Example of interview: <https://www.youtube.com/watch?v=QTQKxI5rnRI>

Example of invitation to PR/FR event: https://www.youtube.com/watch?v=iX9f_rmQ1lw

Web page of Fokus Praha: <http://fokus-praha.cz/>

