

# Independent living in the community

- Ten people are living in their own or renting flats five from them came from the residential care.
- Some of them have the support only under their demand.
- Their dream about own life came into reality.
- The most we all learned by difficult exams, in critical situations that made us stronger.

# Social work in the community

- To lead the groups of support ( family members, friends) for people with disability.
- To provide appropriate support in their flats or ordinary places in the community.
- To coordinate the natural and professional support.
- To provide support in decision making.
- To improve supervision and education for new social workers operating in the community.

# Reasons of new approach

- Services have to serve those, they need it.
- The relationships are based on mutual trust.
- Together we are creating individual plans and making custom support.
- The best solutions are in the places the needs originate.
- Residential care institutions are very fast and elegant solutions for those who have no trust in the skills of people, have no respect for freedom or they are left in the dumps.

Our way is longer but connects all people with interest and courage.

# The most important part from the history of APS, n.o. - 15 years

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- **Main aim of our social support is to improve:**
- skills of every person for everyday life
- his/her self confidence
- their social contacts
- their own hobbies
- the opportunities of active participation
- own abilities and less dependency of social services
- using of public sources

# What changed:

- **People with disability** - they accepted own responsibility for their life and they embraced all offering challenges.
- **Parents** - they are coworking on planning and fulfilling aims of their children
- **Provider of social service** - continuously evaluated the aim of support and never putt to sleep by cushiness and financial security.
- **Together** – overcoming the obstacles made us stronger – lack of money, limitation of accesible flats, insufficiency of working opportunities, lack of community services, limitation of understanding of local authorities.